

FY2015 CHNA&HIP Progress Report

Dubuque County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
1. By 2016 the obesity rate in Dubuque County will decrease from 28% to 24%	a. Encourage Community-wide implementation to "Let's Move" through local governments, schools, families, Community-based organizations and schools.	<p>Activities under the Dubuque County Wellness Coalition include goals of the CTG Grant (CTG discontinued Fall 2014), Live Healthy Dubuque, Dyersville Walking Club as well as individual agencies' activities. Goals of the Wellness Coalition are: DUBUQUE COUNTY WELLNESS COALITION 2014-15 PLAN</p> <p>VISION In Dubuque County, systems, policies and engagement exist to ensure that all have access to healthy lifestyle and wellness opportunities.</p> <p>MISSION The Dubuque County Wellness coalition cultivates and supports the efforts of organizations, collaborates to impact policy and infrastructure, communicates to identify gaps and duplication of efforts and utilizes data in order to influence individual and community health.</p> <p>GOALS 1. Develop capacity of Wellness Coalition a. Define meeting structure. b. Strategize regarding opportunities to engage new Coalition members. c. Seek opportunities to implement a community-wide health and wellness model. d. Develop new member orientation.</p>

Dubuque County

Community Health Improvement Plan

		<ul style="list-style-type: none">2. Seek opportunities for community health and wellness improvement, utilizing existing data.<ul style="list-style-type: none">a. Support grant applications and implementationb. Sustainable Dubuque/STAR Indicators3. Provide health and wellness information and resources to the community.<ul style="list-style-type: none">a. Utilize www.dubuquewellness.com as an existing resource for all members and the community.b. Communication between Coalition members and the organizations they represent to get the word out about existing events and resources.c. Business outreach and engagementd. Explore additional marketing/education opportunities and marketing templates4. Coordinate health promotion and preventive activities in our community.<ul style="list-style-type: none">a. Live Healthy Dubuqueb. Focus Fivec. Smarter Health/Smarter Sustainable Dubuqued. Explore a new event or initiative the wellness coalition could champione. Coordinate health promotion and preventative activities in our community
		<ul style="list-style-type: none">5. Encourage and assist with policy development to enhance health and wellness of Dubuque County citizens.<ul style="list-style-type: none">a. Smoke-free multiunit housingb. Walkability/bikabilityc. DCSD Wellness Policyd. Healthy local food

Dubuque County

Community Health Improvement Plan

	<p>b. Offer affordable community-wide opportunities for physical fitness/exercise such as Live Health Dubuque, Let's Move, Reinventing the Family Meal, local government recreation programs, etc.</p>	<p>County Harkin Wellness Committee has evolved into Dubuque County Wellness Coalition bringing more partners to the monthly meetings. Coalition has developed a strategic plan and focus areas to direct their efforts.</p> <p>Developed a County Wellness Website with the following guidelines:</p> <p>DUBUQUE COUNTY WELLNESS COALITION WEBSITE POLICY AND GUIDELINES</p> <p>The Dubuque County Wellness Coalition will post wellness information and activities on the Sustainable Dubuque website (www.sustainabledubuque.org) under the Health & Safety Principle. City staff has agreed to post information and some calendar information can be posted by individuals.</p> <p>Guidelines for Posting Information:</p> <ul style="list-style-type: none">• Events must be community-based events which are open to the public• No advertising• Items should relate to health promotion, prevention, and wellness news, events, and information• No selling of goods or services. However, if the organization can demonstrate/explain how the goods or services benefits the public good for health and wellness, the posting would be at the discretion of the Dubuque County Wellness Coalition and Sustainable Dubuque.
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Dubuque County

Community Health Improvement Plan

		<ul style="list-style-type: none">• Members of the coalition may provide a link to their website• News and what's coming up• Anyone (Coalition members or general public) can post items under the events calendar. Events must be approved by Sustainable Dubuque/Coalition staff before being posted. Events must be monitored for timeliness and removal from website when they are outdated.• Information should be sent to Mary Rose Corrigan at mcorriga@cityofdubuque.org. June 13, 2015 - Grandview Gallop, 1 and a 4 mile run/walk held to promote physical activity. Event open to children and adults.
	c. Provide physician/health care provider information resources for prescribing proper nutrition and physical activity interventions for their clients/patients.	No update.

Dubuque County

Community Health Improvement Plan

	d. Encourage adoption of policies by community-based organizations, institutions, businesses and local government aimed at improving fruit and vegetable consumption and physical activity for their employees, customers, and clients.	<p>Wellness Coalition supported City Ordinance on allowing dogs on public trails and in parks. Dogs are now allowed on Trails. Smarter Health Pilot with IBM/Watson research on using smart phone app for backing activity and participant engagement. Lessons learned will be applied to future initiatives. Community garden continues at Crescent Community Health Center (John Viner Gardens) who provides a gardening coordinator. Feb 2013- CTG coordinator completed NEMS-V vending machine assessments completed at several area worksites in effort to increase access to healthy food choices for employees.</p> <p>Feb 2013- present- Dubuque County Wellness Coalition meets monthly with representation from multiple sectors within the county. Coalition is working toward systems and policy change that will increase physical activity and promote healthy eating.</p> <p>March 2013- Attempted Blue Zone designation. Application process gained support from multiple community employers and residents.</p> <p>Sept 2013- Dubuque County Wellness Coalition accomplished its goal for the City of Dubuque to add Health and Wellness to city's list of recognized priorities.</p>
		<p>Oct 2013- CTG coordinator works with Dubuque ISU extension and Dubuque County Wellness Coalition to complete Dubuque County Food System Assessment.</p> <p>April 2014- Food System Assessment Stakeholders assessed results of assessment and chose priorities of, Education, Promotion, and Food Waste; priorities reflect food system needs of county.</p>

Dubuque County

Community Health Improvement Plan

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2. By 2016 the rate of adult binge drinking in Dubuque County will decline from 21% to 17% (County Health Ranking data); the rate of Dubuque County 11 the graders who use alcohol will decline from 46% to 36% (Youth Survey 2008 data).	a. The Board of Health/Health Department will partner with other agencies, such as Dubuque County Safe Youth Coalition, Helping Services for Northeast Iowa, Substance Abuse Services Center, and school districts to develop and implement a County plan.	Helping Services of Northeast Iowa continues to report to the County BOH to keep them aware of progress of the Comprehensive Substance Abuse Prevention Grant and the Strategic Prevention Framework State Incentive Grant (SPF-SIG).
	b. PSA/media releases will be used to increase public awareness of the severity of alcohol use problem in adults and teenagers.	The Iowa Youth Survey results will be released soon. Data from the Iowa Youth Survey will be reviewed and shared appropriately.
	c. County Public Health will encourage/promote grant writing among partners to increase available funding for implementing plan.	Helping Services, Safe Youth Coalition and PH/VNA all monitor grant opportunities for funding towards programs for alcohol interventions. The Safe Youth Coalition very aware of federal and state legislation concerning youth alcohol use.
	d. Dubuque County partners will work with governmental bodies to adopt ordinances and policies to reduce alcohol use when operating vehicles and reduce underage alcohol use.	Dubuque County now has a fulltime DARE officer for the schools. The DARE officer gives reports of the progress and interaction with the students at the BOH Meetings.

Dubuque County

Community Health Improvement Plan

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3. By 2016 the air quality in Dubuque County will be in compliance with the clean Air Act standards by the number of days of moderately unhealthy and unhealthy air days being reduced (from 22 and 2) and by maintaining attainment standards for PM 2.5	a. Prohibit open burning on bad air days. Minimize open burning.	City of Dubuque only allows open burning with a special permit.
	b. Provide public education to increase awareness of air quality problems, solutions, and develop best management practices to distribute to the community.	The City of Dubuque in conjunction with the University of Iowa has applied for an EPA Environmental Education grant focusing on air quality.
	c. Publicize and educate community on current Air Quality Index with various media outlets.	Representation held April 13, 2015 for businesses, local government and environmental groups.
	d. A Public Health representative will participate in the Air Quality Task force.	Mary Rose Corrigan is a member of the Air Quality Task Force.
	e. Work with sources/generator of pm 2.5 to reduce emissions.	City of Dubuque and ECIA are accepted in the EPA PM Advance program. A "path forward" plan is drafted, which includes involvement of business/industry producing PM 2.5. Greater Dubuque Development Corporation is a member of the Air Quality Task Force.
	f. Partner with community based organizations (i.e., Dubuque 2.0, ISU Extension) to engage the public to achieve cleaner air.	Community at large and CBO's will be included in the PM Advance path forward and engagement on Air Quality with the community will be planned.

Dubuque County

Community Health Improvement Plan

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4. Through 2016, develop and implement a plan to provide adequate wastewater treatment for unsewered and inadequately sewerred communities	a. Explore Health Department participation in Eastern Iowa Regional Utilities Service Systems (EIRUSS) through ECIA.	The Executive Director of the Dubuque County Health Department is now a member of the Dubuque County Smart Planning Consortium. The Consortium with staff support from ECIA are playing a role in creating guidelines for future land use development. The Consortium is in the process of developing a regional sustainability plan to guide future development in the region. Dubuque County is not participating in EIRUSS.
	b. Prioritize list of unsewered communities within Dubuque County.	No activity to report.
	c. Develop timeline for plan implementation of top priority communities.	No activity to report.
	d. Enforce State code for noncompliant systems.	No activity to report.
	e. Research/secure funding to implement plan.	No activity to report.

Dubuque County

Community Health Improvement Plan

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5. Through 2016 Dubuque County providers will report communicable disease cases as required by Iowa Code to Local Public Health and Iowa Department of Public Health (IDPH).	a. County PH will annually review and update the County Communicable Disease CQI Plan.	CQI Plan updated March 2013.
	b. Distribute IDPH/CADE Communicable Disease reporting poster to all community partners responsible for mandatory reporting.	No activity to report.
	c. Annually update County Preparedness Plan so provider contact information is correct.	The Dubuque County Healthcare Preparedness Plan's communication list is currently being updated annually. The notifications have been sent throughout the year of any IDPH notices and Health Alerts as deemed appropriate. Dubuque VNA successfully completed a call down drill by IDPH Spring 2014.
	d. Identify instances/cases when gaps in mandatory reporting affected disease control; work the specific provider to provide education for future timely reporting.	VNA Communicable Disease nurse continues to worked with local providers, acute care facilities, and hospitals on case-by-case basis when reporting affects effective case management/control.
	e. Offer education on communicable disease reporting according to Iowa Code to providers (hospital emergency department staff, medical staff, clinic nurses, long-term care staff.	In May 2014, hospitals' Infection Control and local VNA staff participated in the Basic and Advanced Epi classes provided by Matt Hobson.

Dubuque County

Community Health Improvement Plan

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6. Through 2016 Dubuque County Preparedness partners will participate in required drills and be familiar with their agency's role in County plan; local PH staff will meet Incident Command competencies and use Incident Command in drills/actual events	a. Dubuque County Board of Health will empower local staff and the Dubuque County Healthcare Preparedness Committee which meets quarterly to implement strategies for the goal.	The Dubuque County Healthcare Preparedness Coalition was officially formed 2013-14. The Executive Board of the Coalition consists of the County Health Department, VNA, City Health Services, UnityPoint Healthcare-Finley Hospital, Mercy Medical Center-Dubuque and Mercy Medical Center-Dyersville. The Executive Board meets monthly. The large group coalition continues to meet quarterly.
	Preparedness Stakeholders Committee will report to the Dubuque County Preparedness Committee on CHNA-HIP the Preparedness Goal and Plan to committee understands role in implementing strategies.	The new structure, plan and goals for the Preparedness were shared at the 3/13/13, 6/ 19/13, 9/11/13, 12/11/13 and 3/19/14 Preparedness Committee meetings.
	c. HD Ex Director will review County NIMS matrix to identify NBIMS training needs for PH staff covering key positions.	The NIMS Matrix was updated this year due to the requirements of the Preparedness Grant. Only the ones that have completed NIMS 100, 200, 300, 700, 800 and 290 for the PIOs are on the matrix this year. NIMS coursed were offered in February 2015-ICS-300 and March 2015-ICS 400.
	d. PH will work with County EMA Director to evaluate preparedness education needs, develop an annual education plan, and schedule training sessions.	The County EMA works closely with the Dubuque County Healthcare Preparedness Coalition. We will continue to offer NIMS courses to our key staff next year if possible.
	e. PH and County EMA will schedule Preparedness drills to exercise key parts of County plan such as drilling preparedness to special needs populations, Universal Volunteer Operations Center (UVOC), functioning of EOC and IC structure, interfacing with par.	Dubuque County Health Dept. participated in a functional drill with Jackson County on May 15, 2014. The Dubuque County Healthcare Preparedness Coalition participated in a Table Top (Measles) March 31, 2015. The County Wide Exercise is scheduled for April 2016 to demonstrate the required capabilities.
	f. Preparedness Committee will work with member organization to assist with linking their organization's Preparedness Plan to County PH Plan. Encourage partners to incorporate incident Command structure into their agency plan.	Discussion of IC structure and County PHEP included in quarterly meetings. Members that did not participate in the NIMS courses this year will be invited to participate in them next year.

Dubuque County

Community Health Improvement Plan

	g. Encourage new partners/organizations to start attending quarterly Preparedness meetings.	The Dubuque County Healthcare Preparedness Coalition continues to explore new members to our Coalition. Agencies and individuals are encouraged to participate and new members are added to email group to communicate meeting notices and information.
	h. Annual review of County Preparedness MOU's with local partners and agencies who will assist with implementing the County Plan during an event.	Letter of Agreements have been completed between the hospitals in the county, the County PH and the EMA. MOUs will be issued and updated as indicated.